

AYUSHMAN AROGYA MANDIR
URBAN PRIMARY HEALTH CENTRE
Panaji



Name of the Incharge		
Contact number & Email		uhcpanaji-heal.goa@gov.in
Location		18 th June Road, Opp Aram Hotel, Panaji-Goa.
No. of Beds		Non Bedded
Hospital Services available		
Services (as per type of AAM-UPHC)		Days
OPD services including special services		Mon-Sat (Except on public holidays)
Key services available during OPD		Timings
General OPD		Mon-Fri Sat 9.00am - 4.30pm 9.00am -1.00pm
Immunization		Mon & Thur 9.00am -1.00pm
Dental clinic		Mon-Fri Sat 9.00am - 4.30pm 9.00am -1.00pm
AYUSH OPD		Mon, Wed, Fri 9.00am - 4.30pm
Ayurvedic OPD		
Hoemeopathic OPD		Mon, Tues,Thur, Fri Sat 9.00am - 4.30pm 9.00am -1.00pm
Yoga day/ Wellness activities		Mon-Sat Friday 9.30am -10.30am 3.00pm to 4.00pm
Fixed day services		
NCD Clinic		Mon-Fri Sat 9.00am - 4.30pm 9.00am -1.00pm
Geriatric Clinic		Wed 2.00pm to 4.30pm
Family Planning services		Mon -Sat 9.00am -1.00pm
Yellow Fever		Wed 9.30am to 1.00pm
DOTS centre		Mon-Fri Sat 9.00am - 4.30pm 9.00am -1.00pm
Adolescent clinics		Mon,Wed,Fri,Sat 9.00am -4.00pm
Laboratory	Routine Lab	Mon-Fri Sat 9.00am - 4.30pm 9.00am -1.00pm
	Referral Lab	
Pharmacy		Mon-Fri Sat 9.00am - 4.30pm 9.00am -1.00pm
Ambulance Services		Mon-Fri Sat 9.00am - 4.30pm 9.00am -1.00pm

Administrative Office Services	Mon-Fri Sat	9.00am - 4.30pm 9.00am -1.00pm
Medico-Legal Services	Mon-Fri Sat	9.00am - 4.30pm 9.00am -1.00pm

Details of nearest CHC: __NA_____

Details of nearest FRU: _____NA_____

Details of nearest District Hospital: __North Goa District Hospital Mapusa_____

Details of nearest Tertiary care hospital: GMC,Bambolim

RKS/ JAS detail: _____RKS_____

Visitor's Policy:

Visiting time: Morning __11.30am_____ Evening: _____3.30pm_____

Only one person allowed to visit at a time. (*mention about pass system*)

Field services/information	
No. of Municipalities	01
Name of Municipality	1. City of Corporation of Panaji
No. of Anganwadi centres	18
Name of AWCs	<p>AWW 09 Chincholem</p> <p>AWW 17 Boca De Vaca</p> <p>AWW 01 Althino Police Qrts</p> <p>AWW 11 Marvel, Donapaula</p> <p>AWW 16 Mitra Bazar, Caranzalem</p> <p>AWW 8 Ganesh Temple, St.Inez</p> <p>AWW 03 Bhatlem</p> <p>AWW 10 Aivao Donapaula</p> <p>AWW 05 Mala-II</p> <p>AWW 14 Shrivoikar Garage, St.Inez</p> <p>AWW 13 Fondvem Ribander</p> <p>AWW 15 Tonca Caranzalem</p> <p>AWW 98 Old Post Caranzalem</p> <p>AWW 07 Tambdimati</p> <p>AWW 04 Mala I</p> <p>AWW 02 Near Samrat</p> <p>AWW 12 Dando Caranzalem</p> <p>AWW 06 St.Inez Bandh</p>
No. of primary schools	19
No. of highschoools	9

No. of higher secondary	4
No. of colleges	8
No. of ITIs	1

