

AYUSHMAN AROGYA MANDIR
PRIMARY HEALTH CENTRE
SHIRODA



Name of the Incharge		
Contact number & Email		
Location		Karai, Shiroda, Ponda, Goa
No. of Beds		24
Hospital Services available		
Services (as per type of PHC)	Days	Timings
OPD services including special services	Mon-Sat (Except on public holidays)	
Key services available during OPD		
General OPD	Daily	9 am to 1pm & 2.00 4.30 pm
Antenatal Care (ANC)	1 st 3 rd Monday Every Month	9 am to 1 pm
Immunization	Every Thursday	9 am to 1.00 pm
Emergency services	24 X 7	24 x 7
Minor O.T. / Dressing	24 X 7	24 x 7
Dental clinic	Wed & Fri	9 am to 1pm & 2 to 4.30 pm
AYUSH OPD	Mon, Wed & Friday	9 am to 1pm & 2 to 4.30 pm
Yoga day/ Wellness activities		
Fixed day services		
NCD Clinic	Daily	9 am to 1pm & 2 to 4.30 pm
Geriatric Clinic	Thursday	9 am to 1 pm
Disability & Palliative Clinic (Support)	Daily	9 am to 1pm & 2 to 4.30 pm
Family Planning services	Daily	9 am to 1pm & 2 to 4.30 pm
Mental Health Clinic (Screening)	Daily	9 am to 1pm & 2 to 4.30 pm
Eye / Optometry (screening)	Daily	9 am to 1pm & 2 to 4.30 pm
ENT Clinic (Screening)	Daily	9 am to 1pm & 2 to 4.30 pm
DOTS centre	Daily	9 am to 1pm & 2 to 4.30 pm
Adolescent clinics	Daily	9 am to 1 pm & 2.00 pm to 4.30 pm
Laboratory	Routine Lab	Mon-Fri 8.30 am to 1 pm 2.00 pm to 4.30 pm Sat 8.30 am to 1.00 pm
	Referral Lab	24 X 7 (<i>Hub & Spoke, if any</i>)
Pharmacy	Mon-Fri	9 am to 1pm & 2 to 4.30 pm
	Sat	9 am to 1.00 pm

Ambulance Services	24 X 7	24 x 7
Administrative Office Services	Mon-Fri Sat	9 am to 1pm & 2 to 4.30 pm 9 am to 1.00 pm
Medico-Legal Services		24 x 7

Details of nearest CHC: _____ CHC Curchorem _____

Details of nearest FRU: _____ SDH Ponda _____

Details of nearest District Hospital: _____ Hospicio, Margao _____

Details of nearest Tertiary care hospital: _____ GMC _____

RKS / JAS detail: _1) Chair Person - Dr. Seema Poi Fondekar (Health Officer) – PHC Shiroda 2)

Member Secretary - Dr. Unmesh Mokal – (Ayush MO) 3) CDPO, 4) Shri Victor Fernandes – Member 5)

Shri Minanath Upadhye – Member 6) Shri Prakash Naik – Member 7) The Secretary Panchayat 8)

Ramesh Madkaikar - Memeber PWD Engineer 9) Block Level ADEI 10) Smt Sampada Adel –PHN

11) Member Headmaster – Kamlabai Hede High School

Visitor's Policy:

Visiting time: Morning ___1 pm to 2 pm _____ Evening: _____ 4 pm to 6 pm _____

Only one person allowed to visit at a time. (*mention about pass system*)

Field services/information	
No. of Sub Health Centres	5
Name of the AB-HWC-SHCs/ SHCs (Mark as AB-HWC before name if it is converted to HWCs)	1. Vazangal 2. Borim 3. Paz 4. Nirankal
No. of RMDs	0
Name of the RMDs	0
No. of VHSNCs	7
No. of village Panchayats	3
Name of Village Panchayats	1. Shiroda Village Panchayat 2. Borim Village Panchayat 3) Nirankal Village Panchayat
No. of Municipalities	0
Name of Municipality	0
No. of Anganwadis centres	23
Name of AWCs	1. AW Peddem – Daidar 2. AW Signewal 3. AW Khubarwada 4. AW Socrem 5. AW Karai 6. AW Gaganagar 7. AW Gaval 8. AW Shirshirem 9. AW Deulwada 10. AW Khorda 11. AW Tishem 12. AW Vazangal 13. AW Dabolil 14. AW Paniwada 15. AW Chan 16. AW Codar 17. AW KARmane 18. AW Tamshirem

	19. Aw Paz 20. Aw Taribhat 21. Aw Shirwada 22. AW Bazar 23. AW Vazem
No. of primary schools	25
No. of highschoools	11
No. of higher secondary	3
No. of colleges	4
No. of ITIs	0

