

AYUSHMAN AROGYA MANDIR
PRIMARY HEALTH CENTRE
Ponda



Name of the Incharge	Dr. Smita Parsekar		
Contact number & Email	9011025059 chcponda@gmail.com		
Location	Tisk Ponda		
No. of Beds			
Hospital Services available			
Services (as per type of PHC)	Days	Timings	
OPD services including special services	Mon-Sat (Except on public holidays)	NA	
Key services available during OPD			
General OPD		NA	
Antenatal Care (ANC)		NA	
Immunization	Monday & Thursday	9am to 2 pm	
Emergency services	24 X 7	NA	
Minor O.T. / Dressing	24 X 7	NA	
Dental clinic		NA	
AYUSH OPD		NA	
Yoga day/ Wellness activities		NA	
Fixed day services			
NCD Clinic		NA	
Geriatric Clinic		NA	
Disability & Palliative Clinic (Support)		NA	
Family Planning services		NA	
Mental Health Clinic (Screening)		NA	
Eye / Optometry (screening)		NA	
ENT Clinic (Screening)		NA	
DOTS centre	Monday to Friday Saturday	9 am to 4.30pm 9am to 1 pm	
Adolescent clinics	Monday to Friday	2 pm to 4.30pm	
Laboratory	Routine Lab	Mon-Sat	9 am to 4.30 pm
	Referral Lab	24 X 7 (Hub & Spoke, if any)	
Pharmacy	Mon-Sat	9 am to 4.30 pm	

Ambulance Services	24 X 7	NA
Administrative Office Services	Monday to Friday Saturday	9 am to 4.30pm 9am to 1 pm
Medico-Legal Services		NA

Details of nearest CHC: PHC Marcaim, PHC Shiroda, PHC Betki

Details of nearest FRU: SDH Ponda

Details of nearest District Hospital: SGDH Margao

Details of nearest Tertiary care hospital: GMC

RKS/ JAS detail: Functioning

Visitor's Policy:

Visiting time: Morning 9 am to 1 pm Evening: 2 pm to 4.30 pm

Only one person allowed to visit at a time. (*mention about pass system*) : No pass system

Field services/information																	
No. of Sub Health Centres	14																
Name of the AAM-SHCs/ SHCs (Mark as AAM before name if it is converted to AAM)	1.AAM SHC Khandepar 2.AAM SHC Murdi 3.AAM SHC Kavle 4.AAM SHC Bethoda 5. AAM SHC Bandora																
No. of AAM-RMDs	1																
Name of the AAM-RMDs	AAM RMD Agapur																
No. of VHSNCs	NA																
No. of village Panchayats	7																
Name of Village Panchayats	1.V.P Curti Khandepar 2.V.P Querim 3. V.P Bandora 4.V.P Durbhat 5.V.P Wadi Talaulim 6.V.P Bethoda V.P Kavle																
No. of Municipalities	1																
Name of Municipality	1. Ponda Municipal Council																
No. of Anganwadi centres	71																
Name of AWCs	<table border="1"> <tr> <td>1</td> <td>KADSAL</td> </tr> <tr> <td>2</td> <td>OPPAWADO</td> </tr> <tr> <td>3</td> <td>KERYAWADO</td> </tr> <tr> <td>4</td> <td>PARUSGAO (NESTLE)</td> </tr> <tr> <td>5</td> <td>MRF DHAT</td> </tr> <tr> <td>6</td> <td>MESTAWADO</td> </tr> <tr> <td>7</td> <td>SILVANAGAR</td> </tr> <tr> <td>8</td> <td>TALULE BANDORA</td> </tr> </table>	1	KADSAL	2	OPPAWADO	3	KERYAWADO	4	PARUSGAO (NESTLE)	5	MRF DHAT	6	MESTAWADO	7	SILVANAGAR	8	TALULE BANDORA
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9	PARPATIWADO (ramnathi)
10	KURPAS
11	DHONSHI
12	UNDIR
13	KHARWADO
14	PADAL
15	GOTHAWADO
16	TALYEWADO
17	WADI
18	DURBHAT
19	ADPAI
20	CHIKALI AGAPUR
21	MADHALAWAGAPUR
22	AMARKHANDE
23	ARLA
24	KARMALE
25	SATODE
26	GALSHIREM
27	BETALWADO
28	TALAU LIM
29	AMRAI (ABEGOL)
30	VAGHURME
31	MURDI
32	BAGWADO
33	GAUTHAN
34	COPERWADO
35	DEEPNAGAR
36	JAYCENAGAR
37	DAAG
38	YESHWANTNAGAR

39	KASARWADO
40	DATTAGAD
41	BONDBAG
42	PRABHUNAGAR
43	SHAPUR 1
44	SHAPUR 2
45	NAGAMASJID 1
46	NAGAMASJID 2
47	NAGAMASJID 3 (6TTR)
48	KELBAI CURTI
49	ZINGDIMOL
50	HAVELI 1
51	HAVELI 2
52	NAGZAR ADTAL
53	NAGZAR PADTAL
54	BABLYAKHALI
55	DAIRY QUARTERS
56	HOUSING BOARD
57	VARKHANDE
58	PANDITWADA
59	BAZARMOL
60	COTWADO
61	TALYEM DURGABHAT
62	DURGABHAT 1
63	DURGABHAT2
64	SHANTINAGAR 1
65	SHANTINAGAR 2
66	UPPER BAZAR VITHOBA TEMPLE

