



**DIRECTORATE OF HEALTH SERVICES-GOA
STATE FAMILY WELFARE BUREAU**

Organises

Various Competitions

*On the occasion of
Celebration of*



INTERNATIONAL DAY OF THE GIRL CHILD

11th October 2023

*for more detail visit
www.nhm.goa.gov.in*

1. Poster Designing (Digital Version)

for Higher Secondary and College Students

*Prizes 1st Rs.3000/-, 2nd Rs. 2000/- .3rd Rs. 1500/-
& 2 consolation prizes of Rs.500/- each.*

2. Reel Competition

for General Public above 20 years of age.

*Prizes 1st Rs.5000/-, 2nd Rs. 4000/- .3rd Rs.3000 /-
& 3 consolation prizes of Rs.1000 each.*

3. Mosaic Art

Peripheral Staff of DHS from PHC/CHC/UHC/DH.

*Prizes 1st Rs.5000/-, 2nd Rs. 4000/- .3rd Rs.3000 /-
& 2 consolation prizes of Rs. 1500/- each.*

4. Bottle painting

Staff of Directorate of Health Services Goa

*Prizes 1st Rs.3000/-, 2nd Rs. 2000/- .3rd Rs. 1500/-
& 2 consolation prizes of Rs.500/- each.*

Last date of Submission is 6th October 2023

Rules for Various Competitions on International Day of the Girl Child

Bottle painting competition

1. Eligibility criteria: Staff of Directorate of Health Services Goa
2. Theme " Beti Bachao Beti Padhao"
3. Entries to be submitted on or before 6 th October 2023 at Room No. S-21 State PCPNDT Cell SFWB.
4. Bottle used for painting should be Glass bottle of 1 liter of any shape.
5. Any kind of painting tool, colors can be used.
6. Painting to carry a positive message about the girl child.
7. One entry per person will be entertained.
8. Judges decision will be final and binding.
9. Results will be declared on 9 th October 2023.
10. Prizes 1 st Rs.3000/-, 2 nd Rs. 2000/- .3 rd Rs. 1500/- 2 consolation prizes of 500 each.

Mosaic Art Competition

1. Eligibility criteria: Peripheral Staff of DHS from PHC/CHC/UHC/DH.
2. Theme " Beti Bachao Beti Padhao"
3. Entries to be submitted on or before 6 th October 2023 at Room No. S-21 State PCPNDT Cell SFWB.
4. Size: A3, 29.7*42 Cm, The Mosaic Art has to be framed.
5. Mosaic Art to carry a positive message and message to be shown in any language.
6. One entry per person will be entertained.
7. Judges decision will be final and binding.
8. Results will be declared on 9 th October 2023.
9. Prizes 1 st Rs.5000/-, 2 nd Rs. 4000/- .3 rd Rs.3000 /- 2 consolation prizes of Rs.1500 each.

Poster Designing Competition (Digital Version)

1. Eligibility criteria: Higher Secondary and College Students
2. Theme " Beti Bachao Beti Padhao"
3. Entries to be submitted on or before 6 th October 2023.
4. Poster has to be uploaded on Facebook/ instagram and hashtag with #Amche bai subject : entry for Poster Designing Competition (Digital Version) also email to pcpndtstate.goa@gov.in along with details like Name, Age, Sex, Address, Mobile No, Subject
5. Photo of the poster to be sent via mail on pcpndtstate.goa@gov.in in Jpeg format.
6. Size : A3, 29.7*42 CM
7. Poster to carry a positive message.
8. One entry per person will be entertained.
9. Award winning posters will have to be submitted to this office.
10. Results will be declared on 9 th October 2023.
11. Prizes 1 st Rs.3000/-, 2 nd Rs. 2000/- .3 rd Rs. 1500/- 2 consolation prizes of 500 each.

Reel Competition

1. Eligibility criteria: General Public above 20 years of age.
2. Theme "Amche bai"/ "Hamari Beti"/ "Aamchi Mulgi"/ "Our Daughter"
3. Entries to be submitted on or before 6th October 2023 at Room No. S-21 State PCPNDT Cell SFWB Directorate of Health Services.
4. Reel has to be uploaded on Facebook/ instagram and hashtag with #Amchebai and subject : also email to pcpndtstate.goa@gov.in along with details like Name, Age, Sex, Address, Mobile No, Subject
5. The judgement will be done on the basis of 90% of artwork submitted and 10% on likes.
6. Time limit for the reel is minimum 20 seconds and maximum 1 minute. Reels shorter than 20 seconds and longer than 1 minute will be disqualified.
7. The content of the reel should adhere to the theme provided and give positive message on the theme.
8. One entry per participant in any one of the languages mentioned above.
9. The video in no matter should contain any content in showcase hatred towards any religion or community, gender, caste or political oriented vibe in any form. Also, there shouldn't be use of any abusive or explicit content in the reel video or any other objectionable matter. Any such reel video reel will be disqualified.
10. Results will be declared on 9 th October 2023.
11. Prizes 1 st Rs.5000/-, 2 nd Rs. 4000/- .3 rd Rs.3000 /- 3 consolation prizes of 1000 each.

11. For the prizes the judges decision will be final. Judging will be based on relevance to the Theme, originality creativity neatness and artistic work done by the participant.
12. For any assistance in understanding the terms please contact Programme Coordinator Shradha Naik: 7798100588 , Demographer Ratan Redkar: 7798325754

Rules for Bottle painting competition

1. Eligibility criteria: Staff of Directorate of Health Services Goa
2. Theme “ Beti Bachao Beti Padhao”
3. Entries to be submitted on or before 6th October 2023 at Room No. S-21 State PCPNDT Cell SFWB.
4. Bottle used for painting should be Glass bottle of 1 liter of any shape.
5. Any kind of painting tool, colors can be used.
6. Painting to carry a positive message about the girl child.
7. One entry per person will be entertained.
8. Judges decision will be final and binding.
9. Results will be declared on 9th October 2023.
10. Prizes 1st Rs.3000/-, 2nd Rs. 2000/- .3rd Rs. 1500/- 2 consolation prizes of 500 each.
11. For the prizes the judges decision will be final. Judging will be based on relevance to the Theme, originality creativity neatness and artistic work done by the participant.
12. For any assistance in understanding the terms please contact Programme Coordinator Shradha Naik: 7798100588 , Demographer Ratan Redkar: 7798325754

Rules for Mosaic Art Competition

1. Eligibility criteria: Peripheral Staff of DHS from PHC/CHC/UHC/DH.
2. Theme “ Beti Bachao Beti Padhao”
3. Entries to be submitted on or before 6th October 2023 at Room No. S-21 State PCPNDT Cell SFWB.
4. Size: A3, 29.7*42 Cm, **The Mosaic Art has to be framed.**
5. Mosaic Art to carry a positive message and message to be shown in any language.
6. One entry per person will be entertained.
7. Judges decision will be final and binding.
8. Results will be declared on 9th October 2023.
9. Prizes 1st Rs.5000/-, 2nd Rs. 4000/- .3rd Rs.3000 /- 2 consolation prizes of 1500 each.
10. For the prizes, the judge’s decision will be final. Judging will be based on relevance to the Theme, originality, creativity, neatness and artistic work done by the participant.

13. For any assistance in understanding the terms please contact Programme Coordinator Shradha Naik: 7798100588 , Demographer Ratan Redkar: 7798325754

Rules for Reel Competition

1. Eligibility criteria: General Public above 20 years of age.
2. Theme “**Amche bai**”/ “**Humari Beti**”/ “**Aamchi Mulgi**”/ “**Our Daughter**”
3. Entries to be submitted on or before 6th October 2023 at Room No. S-21 State PCPNDT Cell SFWB Directorate of Health Services.
4. Reel has to be uploaded on Facebook/ instgram and hashtag with #**Amche bai** and subject : also email to pcpndtstate.goa@gov.in along with details like Name, Age, Sex, Address, Mobile No, Subject
5. The judgement will be done on the basis of 90% of artwork submitted and 10% on likes.
6. Time limit for the reel is minimum 20 seconds and maximum 1 minute. Reels shorter than 20 seconds and longer than 1 minute will be disqualified.
7. The content of the reel should adhere to the theme provided and give positive message on the theme.
8. One entry per participant in any one of the languages mentioned above.
9. The video in no matter should contain any content in showcase hatred towards any religion or community, gender, caste or political oriented vibe in any form. Also, there shouldn't be use of any abusive or explicit content in the reel video or any other objectionable matter. Any such reel video reel will be disqualified.
10. Judges decision will be final and binding.
11. Results will be declared on 9th October 2023.
12. Prizes 1st Rs.5000/-, 2nd Rs. 4000/- .3rd Rs.3000 /- 3 consolation prizes of 1000 each.
13. For the prizes, the judge's decision will be final. Judging will be based on relevance to the Theme, originality, creativity and artistic work done by the participant.
14. For any assistance in understanding the terms please contact Programme Coordinator Shradha Naik: 7798100588 , Demographer Ratan Redkar: 7798325754 or click on official website www.nhm.goa.gov.in

Rules for Poster Designing Competition (Digital Version)

1. Eligibility criteria: Higher Secondary and College Students
2. Theme “ Beti Bachao Beti Padhao”
3. Entries to be submitted on or before 6th October 2023.
4. Poster has to be uploaded on Facebook/ instgram and hashtag with #**Amche bai** subject : entry for Poster Designing Competition (Digital Version) also email to pcpndtstate.goa@gov.in along with details like Name, Age, Sex, Address, Mobile No, Subject
5. Photo of the poster to be sent via mail on pcpndtstate.goa@gov.in in Jpeg format.
6. Size : A3, 29.7*42 CM
7. Poster to carry a positive message.
8. One entry per person will be entertained.
9. Judges decision will be final and binding.
10. Award winning posters will have to be submitted to this office.
11. Results will be declared on 9th October 2023.
12. Prizes 1st Rs.3000/-, 2nd Rs. 2000/- .3rd Rs. 1500/- 2 consolation prizes of 500 each.
13. For the judges choice prizes the judges decision will be final. Judging will be based on relevance to the Theme, originality creativity neatness and artistic work done by the participant.
15. For any assistance in understanding the terms please contact Programme Coordinator Shradha Naik: 7798100588 , Demographer Ratan Redkar: 7798325754.