

**AYUSHMAN BHARAT
HEALTH & WELLNESS CENTRE
SUB HEALTH CENTRE
RMD Arambol**



MO	Dr. Pundalik Gawandi
CHO (B.sc Nursing)	Simran Naik
Contact number & Email	8007983681
Location	Arambol

Services available

Services (as per type of HWC)	Days	Timings
OPD services including special services	Mon-Sat (Except on public holidays)	9AM- 1PM & 2 PM – 4:30 PM
Key services available during OPD		
General OPD	Mon-Sat (Except on public holidays)	9AM- 1PM & 2 PM – 4:30 PM
Dressing	24 X 7	9AM- 1PM & 2 PM – 4:30 PM
Fixed day services		
Basic Geriatric & Palliative care	Mon-Sat (Except on public holidays)	9AM- 1PM & 2 PM – 4:30 PM
Pharmacy	Mon-Sat	9AM- 1PM & 2 PM – 4:30 PM

Referral services:

Details of nearest CHC: CHC Pernem

Details of nearest FRU: Asilo

Details of nearest District Hospital: Asilo

Details of nearest Tertiary care hospital: GMC

JAS detail: 01 Committe

Field services/information	
No. of village Panchayats	01
Name of Village Panchayats	VP Arambol