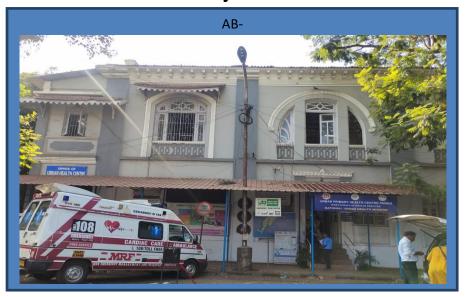
## AYUSHMAN BHARAT HEALTH & WELLNESS CENTRE

URBAN PRIMARY HEALTH CENTRE

Panaji



Name of the Incharge	Dr Sunita	Arlekar	
Contact number & Email	90110250	9011025041	
Location	Opp Aara	Opp Aaram Hotel, 18 <sup>th</sup> June Road,Panaji-Goa.	
No. of Beds	Non Bedo	Non Bedded Hospital	
Hospital Services available	•		
Services (as per type of UPHC)		Days	Timings
OPD services including special services		Mon-Sat (Except on public holidays)	Mon, Wed & Fri 9.00am to 7.00pm (Sp NUHM OPD from 2.00pm to 7.00pm) Tue & Thur- 9.00am to 4.30pm. Sat-9.00am to 1.00pm
Key services available during OF	D		
General OPD		Mon –Fri Sat	9.00am to 4.30pm 9.00am to 1.00pm
Antenatal Care (ANC)			NO
Immunization		Mon & Thur	9.00am to 1.00pm
Emergency services		24 X 7	No ( 108 EMRI)
Minor O.T. / Dressing		24 X 7 Mon - Sat	9.00am to 4.30pm
Dental clinic		Mon –Fri Sat	9.00am to 4.30pm 9.00am to 1.00pm
AYUSH OPD		Mon –Fri Sat	9.00am to 4.30pm 9.00am to 1.00pm
Yoga day/ Wellness activities		Mon -Sat	9.30am to 10.30am
Fixed day services			
NCD Clinic		Tue & Fri	9.00am to 4.30pm
Geriatric Clinic			No
Disability & Palliative Clinic (Support)			No
Family Planning services		Mon –Fri Sat	9.00am to 4.30pm 9.00am to 1.00pm
Mental Health Clinic (Screening)			No
Eye / Optometry (screening)			No
ENT Clinic (Screening)			No
DOTS centre		Mon –Fri Sat	9.00am to 4.30pm 9.00am to 1.00pm
Adolescent clinics		Mon –Fri Sat	9.00am to 4.30pm 9.00am to 1.00pm
	Routine Lab	Mon –Fri	9.00am to 4.30pm

Laboratory		Sat	9.00am to 1.00pm
	Referral Lab	24 X 7 (Hub & Spoke, if any)	
Pharmacy		Mon –Fri	9.00am to 4.30pm
		Sat	9.00am to 1.00pm
Ambulance Services		24 X 7	9.00am to 4.30pm
Administrative Office Services		Mon –Fri	9.00am to 4.30pm
		Sat	9.00am to 1.00pm
Medico-Legal Services			No

Details of nearest CHC: NA				
Details of nearest FRU: NGDH, Mapusa				
Details of nearest District Hospital: NGDH, Mapusa				
Details of nearest Tertiary care hospital:GMC				
RKS/ JAS detail:RKS				
Visitor's Policy:NA				
Visiting time: Morning	Evening:			
Only one person allowed to visit at a time. (mention about pass system)				

Field services/information				
No. of RMDs	NA			
Name of the RMDs	1.NA			
No. of VHSNCs	NA			
No. of village Panchayats	NA			
Name of Village Panchayats	1.			
,	2.NA			
No. of Municipalities	01			
Name of Municipality	City of Corporation of Panaji			
No. of Anganwadis centres	18			
Name of AWCs	1. AWW 01 Althino Police Qrts			
	2. AWW 02 Near Samrat			
	3. AWW 03 Bhatlem			
	4. AWW 04 Mala I			
	5. AWW 05 Mala-II			
	6. AWW 06 St.Inez Bandh			
	7. AWW 07 Tambdimati			
	8. AWW 8 Ganesh Temple, St.Inez			
	9. AWW 09 Chincholem			
	10. AWW 10 Aivao Donapaula			
	11. AWW 11 Marvel, Donapaula			
	12. AWW 12 Dando Caranzalem			
	13. AWW 13 Fondvem Ribander			
	14. AWW 14 Shrivoikar Garage,St.Inez			
	15. AWW 15 Tonca Caranazlem			
	16. AWW 16 Mitra Bazar, Caranzalem			
	17. AWW 17 Boca De Vaca			
No. of primory colorele	18. AWW 18 Old Post Caranzalem			
No. of primary schools	13			
No. of highschools	9			
No. of higher secondary	6			
No. of colleges	8			
No. of ITIs	1			

