

BETTER HEAL

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Rashtriya Poshan Maah 2022

Ni-kshay Mitra Scheme: Community Support Scheme for TB patients National Leprosy Eradication Programme (NLEP)

RASHTRIYA Poshan Maah

Rashtriya Poshan Maah was celebrated in the month of September, 2022 by AYUSH OPDs, AYUSH Health and Wellness Centres in the state. Several activities to create awareness on the AYUSH system of medicine and to propagate AYUSH way of life were conducted. Activities were focused on health for pregnant women and lactating mothers, children and adolescent group and general guidelines of Health

through Diet and Nutrition. Activities included awareness talks, camps for target groups, poster Competitions, cooking competitions, home remedies for common ailments, identification of local medicinal plants and their uses etc.

IEC on Poshan Maah was conducted at Balaram Higher secondary school, Canacona for the students. Speaker and MLA of Canacona, Ramesh Tawdkar, Principal of Balaram High School Kalpita Gaonkar, Ayurvedic Physician Dr Diwakar Velip, IEC Supervisor and RMNCH+Councilor were present for the programme.

BLOOD DONATION CAMP

In collaboration with Sarthak foundation a BLOOD DONATION camp was organised at Village Panchayat hall, Camurlim. Minister for Fisheries, Nilkanth Halarnkar was the Chief Guest for the programme. The team of doctors and staff of PHC were involved for the success of the programme.

NIKSHAY MITRA: COMMUNITY SUPPORT SCHEME FOR TB PATIENTS

A programme on Community support to TB Patient was celebarted. EX Vice Principal - MES College, EX State Coordinator UHC Margao, BCCI Umpire Bharat Naik was the first person to adopt a TB patient under UHC Margao. This was followed by EX MLA Fatorda, Damodar Naik, Dr Sneha Bhagwat and Milagrina adopting more TB patients in the jurisdiction.



Programme on Community support to TB patients held at PHC Betki. Minister for Art & Culture and MLA of Priol Constituency, Govind Gaude adopted TB patient under the jurisdiction of this PHC, he handed over a Nutritional Food Basket to Health Officer Dr Branda Pinto.



NATIONAL DEWORMING DAY

The State level launch of National Deworming Day was held at Dr K B Hedgewar High School, Cujira Bambolim recently/

It was attended by District Immunization Officer/ Chief Medical Officer, State Family Welfare Bureau, Directorate of Health Services and Chief Guest Dr Rajendra Borkar, Assitant Headmistress Dr KB Hedgewar High School, Bambolim Smita Mhamal, PTA Chairman and Guest of Honour Laxmikant Vaigankar, Medical Officer I/C - PHC Chimbel Dr Jude

D'souza, Medical Officer, State Family Welfare Bureau, Directorate of Health Services Dr Manisha Kamat.

37[™] NATIONAL EYE DONATION FORTNIGHT 2022

A programme to create awareness on 37th National Eye Donation Fortnight was arranged at Government Higher Secondary, Sanguem. On the occasion briefing on eye donation was done by Extension Educator Ignatius Xavier and to create awareness on eye donation a talk was delivered by Ophthalmic Assistant, Mahesh Naik. AYUSH Dr Swamini Raikar spoke on the importance of eye donation and Health Assistant of GHSS Dr Akshata Naik presented the vote of thanks. 50 college students of Std XII were present for the programme.



NATIONAL NUTRITION WEEK (STATE LEVEL FUNCTION)

Directorate of Health Services, State Family Welfare Bureau, Campal Panaji in association with Primary Health Centre Ponda and PES Higher secondary School, Farmagudi-Ponda organized a state level function on National Nutrition week at PES Higher Secondary School, Ponda. In view of this, Cyclothon and Walkathon were arranged and were attended by 200 participants including students of PES and other

school, staff of DHS and PHC Ponda. Rally was flagged off by the Chairperson of Ponda Municipal Council Ritesh Naik. All participants were given jerseys and refreshment packets after finishing of walkathon and cyclothon

FIRST TOTAL KNEE REPLACEMENT

First total knee Replacement was performed at Hospicio, South Goa District Hospital Margao Goa by Senior Orthopaedic Surgeon Dr Sainath and OT Team.

ANEMIA DETECTION CAMP FOR ADOLESCENT

Hospicio SGDH Organised anemia detection camp for adolescent at Hospicio, South Goa District Hospital Margao. 80 patients were screened during the camp. It was coordinated and organised by Extension Educator, Hospicio SGDH Vishal Gaonkar and Nutrition Officer Jassira.

ADOLESCENT HEALTH DAY

Adolescent Health Day was organised at Margaret Bosco Bal Sadan, Uccasaim recently by PHC Aldona. The children were engaged in health topics and a question and answer session was arranged post discussion. A health check-up was done on the students, HB

detection and eye check up. The programme was conducted by (Ho. Phys) Dr Rupali Vernekar, (RBSK MO) Dr Yatin Palekar, (EE) Mihir Khorjuemkar, (ANM) Geeta Salgaonkar and (MPHW) Navnath Kerkar.

NON COMMUNICABLE DISEASES CAMP (NCDC)

Non-communicable disease camp (NCDC) was held at Old Goa, under the jurisdiction of PHC Corlim. During this camp iBreast screening was also done.

Health Ce Aldona

NCDC camp conducted at Village panchaayat Nerul hall recently. Health check up was conducted where HB, diabetes, pap smear, breast screening checking, BP, general and ayurvedic medicine with Ayurvedic physician and General medical Doctor, Dental physician was done. Total 54 patients were present for the camp, and breast screening for 22 women were done. Sarpanch and Panch members of Nerul Village panchayat were present for the Camp.



ROKDA DRIVE

ROKDA Drive conducted at old Goa, Medical Officer I/C Dr Kedar Raikar conducted awareness on vector born diseases TB, leprosy and COVID Vaccination.

Information, Education and Communication (IEC)

Information, Education and Communication (IEC) activity on Tuberculosis (ArogyaSathi App) and National Vector Borne Disease Control Programme (NVBDCP) were conducted in a school in the jurisdiction of PHC Mayem. IEC Supervisor Shubham Ghadi was present.

IEC activity on TB, NVBDCP, Tobacco and Hygiene was conducted for the migrants at Narva during Outreach. Lady Health Visitor (LHV) Lima Gawas and Auxiliary Nurse Midwife (ANM) Rasika Majik were present.



IEC and awareness activities on vector borne diseases was conducted in schools for students and PTA members in Rumdamol and D a v o r l i m . M e d i c a l O ffi c e r Dr Baptisto Mascarenhas explained about vector born diseases and requested the members to create more awareness in their locality. Health Educator Krishna Panchwadkar and Extension Educator Ignatius Xavier were present



NATIONAL LEPROSY ERADICATION PROGRAMME (NLEP)

Special Leprosy activity under PHC Colvale was conducted at Muxer, Colvale slums area recently, where a total of 182 houses were covered. Total population of the area is 1678, out of which 489 were screened. No suspects were identified and referred.



An awareness talk on Leprosy was delivered for the students of Navodaya School recently, in which types, diagnosis and management of leprosy was explained to the students.



GOVERNMENT OF GOA



DIRECTORATE OF HEALTH SERVICES

Campal, Panaji- Goa. 403001 Tel. No: +91- 832- 2225540 / 2225646

directorhealth_goa@yahoo.co.in

Public Grievance officer :- Dy. Director Public Heath

Public Information Officer :- Dy, Director (HIB)

Officer In-charge of Mediclaim Scheme :- Jt. Director Accounts (Health)

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